



# ANNUAL REPORT

2023

# Table of Contents

|                               |    |
|-------------------------------|----|
| Preface                       | 02 |
| I. Last year's numbers        | 03 |
| II. National records          | 04 |
| III. Achievements             | 05 |
| IV. Our Team                  | 06 |
| V. Our Members                | 06 |
| VI. Championships             | 07 |
| VII. Triumphs                 | 08 |
| VIII. Contributors & Partners | 10 |
| IX. Ambition 2024             | 12 |
| X. Financials                 | 13 |

W: [curacaoatletiekbond.com](http://curacaoatletiekbond.com)

E: [board@curacao-athletics.com](mailto:board@curacao-athletics.com)

KvK: 20291(O) | CRIB: 02 2916 15

Bank: MCB 278 960 04



*Caimin Douglas*

*Chairman CAB*

# PREFACE

It is with great pleasure that I present to you the annual report for the Curaçao Track and Field Federation 2023. This report encapsulates the collective efforts, achievements, and aspirations of our vibrant track and field community over the past twelve months.

As we contemplate the accomplishments of our athletes, we find great satisfaction in their successes over the course of the year. This extends beyond just our regional contests to include their noteworthy performances on the global stage in international competitions.

- Ten athletes qualified for the CARIFTA games in Bahamas **Dena-Marie Barby** became **silver** medalist on the 1500m U-17 and **Zsa Zsa Frans** a **bronze** medalist on 100mH U-17. Four of our athletes achieved notable standings: **Zaila Lemmens** secured the 4th position in Javelin U-17, **Vanessa Mercera** claimed 4th place in High Jump U-20, **Dena-Marie Barby** achieved the 5th spot in the 3000m U-17, and **Rivka Goede** earned the 6th position in High Jump U-17.
- During the CAC games, **Glenka Antonia** secured a **silver** medal in the high jump for Curaçao. **Matthew Sophia** achieved an impressive 4th place in the 110mH,

and **Vanessa Mercera** claimed the 6th position in the heptathlon.

During the NACAC age group competitions

**Jeronn-Jeevan Tilé, Gwayne Reinita, Niaviv Matrona, Quitanshany Dorothea, Abraham Martha, Giovanni Abath, Keona Balentien, and Sharifa Fernandes de Faria** proudly represented Curaçao in the Dominican Republic. Their performances resulted in the acquisition of **2 gold, 2 silver, and 3 bronze** medals. Additionally, one of our athletes emerged as the overall winner and they all secured positions within the top 8 in their respective events.

We formalized a partnership with **MCB Bank** and received equipment from the **Churandy Martina Foundation** for the benefit of our clubs.

We are once more thrilled with the many broken records during 2023.

We celebrated the 10th anniversary of the KLM Curaçao Marathon, together with our volunteers.

We express our gratitude once again for a successful year and extend our best wishes to the new board for 2024. Thank you all for your unwavering commitment to the sport in Curaçao.

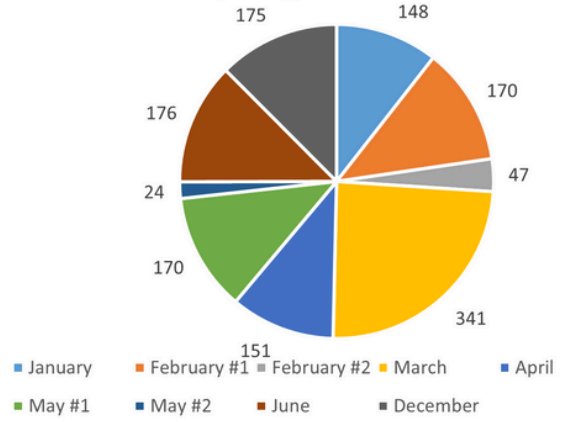


2023's

# I. NUMBERS

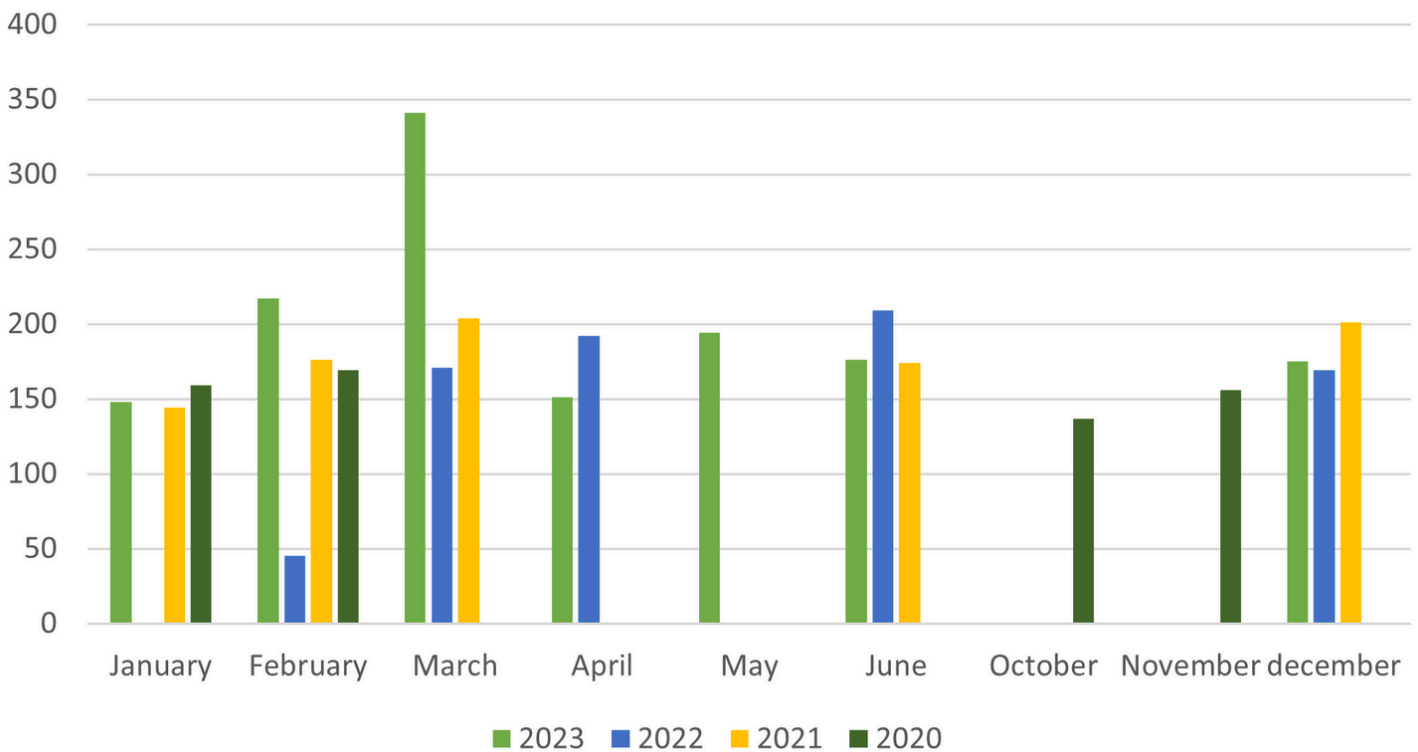
In the year 2023, a total of 1402 athletes actively participated in our locally organized competitions, contributing to a vibrant and thriving sports community. Notably, a remarkable achievement was reached as **31** national records were broken, reflecting the dedication and excellence demonstrated by our athletes during this period.

Participating Athletes 2023



For more detailed information, please refer to [ATLETIEK.NU](https://www.atletiek.nu)

Participating Athletes Championships 2023



2023's

## II. NATIONAL RECORDS

| Event                   | Year           | Athlete             | Location         | New record |
|-------------------------|----------------|---------------------|------------------|------------|
| U-7 Female quadrathlon  | January 2023   | Tadea Grant         | Willemstad , CUW | 626 points |
| U-17 Female 100m hurdle | January 2023   | Zsa Zsa Frans       | Willemstad , CUW | 14.73      |
| U-17 Female 100m hurdle | February 2023  | Zsa Zsa Frans       | Willemstad , CUW | 14.37      |
| U-7 Female 400m         | April 2023     | Clara Smeins        | Willemstad , CUW | 1:34.30    |
| U-7 Female overall      | April 2023     | Clara Smeins        | Willemstad , CUW | 691 points |
| U-7 Male Ball throw     | April 2023     | Zev Godschalk       | Willemstad , CUW | 19.68      |
| U-17 + U20 Female 3000m | April 2023     | Dena-Marie Barby    | Nassau, BHS      | 10:52.76   |
| U-17 Female 100m hurdle | April 2023     | Zsa Zsa Frans       | Nassau, BHS      | 14.26      |
| U-7 Female Overall      | May 2023       | Tadea Grant         | Willemstad , CUW | 774 points |
| U-7 Male 600m           | May 2023       | Gilyon Barbara      | Willemstad , CUW | 2:05.73    |
| U-17 Female 5000m       | May 2023       | Dena-Marie Barby    | Willemstad , CUW | 20:24.18   |
| U-17 Female 100m hurdle | May 2023       | Zsa Zsa Frans       | Willemstad , CUW | 14.11      |
| U-7 Female Overall      | June 2023      | Tadea Grant         | Willemstad , CUW | 18.36      |
| U-7 Female Ball throw   | June 2023      | Tadea Grant         | Willemstad , CUW | 928 points |
| U-7 Male Ball throw     | June 2023      | Zev Godschalk       | Willemstad , CUW | 20.44      |
| U-15 Female 80m         | June 2023      | Sharifa Fernandez   | Willemstad , CUW | 10.01      |
| U-20 Female 100mh       | June 2023      | Vanessa Mercera     | Willemstad , CUW | 14.19      |
| U-7 Female 60m          | July 2023      | Tadea Grant         | Willemstad , CUW | 11.06      |
| U-9 Male 400m           | July 2023      | Gilyon Barbara      | Willemstad , CUW | 1:18.29    |
| U-11 Female 400m        | July 2023      | Ju an Carolina      | Willemstad , CUW | 1:14.49    |
| U-13 Male 800m          | July 2023      | Simon Galmeijer     | Willemstad , CUW | 2:42.45    |
| U-17 Male 150m          | September 2023 | Zion Sambo          | Amsterdam, NL    | 16.86      |
| U-7 Girls 600m          | December 2023  | Ciara Smeins        | Willemstad , CUW | 2:23.95    |
| U-13 Girls 600m         | December 2023  | Quitanshany Curiel  | Willemstad , CUW | 1:48.86    |
| U-15 Female 150m        | December 2023  | Queen Shaday Valies | Willemstad , CUW | 20.50      |
| U-17 Female 60m         | December 2023  | Jurivienska Koster  | Willemstad , CUW | 7.69       |
| U-17 Female 150m        | December 2023  | Jurivienska Koster  | Willemstad , CUW | 18.97      |
| U-17 Female 600m        | December 2023  | Dena Marie Barby    | Willemstad , CUW | 1:43.27    |
| U-17 Female 60mh        | December 2023  | Zsa Zsa Frans       | Willemstad , CUW | 8.86       |
| U-17 Female Long Jump   | December 2023  | Rivka Goede         | Willemstad , CUW | 5.89       |
| U-9 Male 600m           | December 2023  | Gilyon Barbara      | Willemstad , CUW | 2:02.94    |

## III. ACHIEVEMENTS



### Level 3 coaches in Curaçao

Jairo Duzant, Ivor Landburg, Kurt Sophia, Rachmil van Lamoen, Raymond Juliana, and the sole female coach, Mrs. Enirahs Martina, proudly received their diplomas for successfully completing the Level 3 "Basic Track & Field Trainer" program offered by the Dutch Track & Field Federation, Atletiek Unie. This achievement reflects their dedication to advancing their coaching skills and contributing to the development of track and field athletes. Congratulations to each of them on reaching this milestone in their coaching education.



### 10th anniversary KLM Marathon

We joyfully commemorated our 10th anniversary in collaboration with KLM Marathon, a cherished partner in this milestone. Alongside our dedicated volunteers, we actively contributed to the event by assisting on the course. From 2 am to 9 am, our volunteers distributed water, cheered on the runners, and most importantly, created an atmosphere of enjoyment. Additionally, the day before, our volunteers played a pivotal role in supporting the 5km run. The collective efforts and enthusiasm of everyone involved added a vibrant and supportive touch to the overall event experience.



## IV. TEAM

Since October 2019, CAB's board has been composed of 5 elected members, all of whom serve on a voluntary basis without remuneration. As of October 2023, a new board will be elected to commence the new term, continuing the tradition of dedicated individuals contributing their time and expertise for the betterment of the organization.

Members of the board are:

| Name            | Title          |
|-----------------|----------------|
| Caimin Douglas  | President      |
| Glenn Dall      | Vice-President |
| Tamara Salsbach | Secretary      |
| Stacey Rene     | Treasurer      |
| Atilio Louisa   | Member         |



## V. MEMBERS

*In 2023, CAB has a total of 11 affiliated Track & Field member Clubs.*

- Athletics Association Master Curaçao
- Cheetah, A.V.
- Deportivo San Kristofel, A.V.
- Eagles, A.V. The
- Glory Runners, A.V. The
- Go Fast, A.V.
- New Revolution, The
- Olympic, A.V. The
- Sloke, A.V.
- Sparta, A.V.
- Trupial, A.V.



# VI. CHAMPIONSHIPS

In 2023, CAB successfully organized nine local competitions, including two mini-meets. The March competition held a special significance as it was organized in collaboration with the Eagles Club. This particular event stood out, as schools were invited to participate in the school relays, adding an educational and community-oriented dimension to the competition.

| Date              | Championship            | Participants |
|-------------------|-------------------------|--------------|
| January 13, 2023  | Season opener           | 148          |
| February 10, 2023 | Competition             | 170          |
| February 25, 2023 | Mini-meet 1             | 47           |
| March 17, 2023    | The Eagles Championship | 341          |
| April 21, 2023    | Competition             | 151          |
| May 12, 2023      | Competition             | 170          |
| May 27, 2023      | Mini-meet 2             | 24           |
| June 16, 2023     | Kampionato di Korsou    | 176          |
| December 1, 2023  | Run Jump Throw          | 175          |



## VII. TRIUMPHS



### CARIFTA Games Bahamas

Raminge Laker de Windt, Zsa Zsa Frans, Juriviënka Koster, Rivka Goede, Zaïla Lemmens, Vanessa Mercera, Dena-Marie Barby, S'deway Zhuang, Aryan Antonia, Zion Sambo, Gürshen Mogen qualified during the trials for the CARIFTA games in Bahamas. **Dena-Marie Barby** secured a **silver medal** on the 1500m and **Zsa Zsa Frans** earned a **bronze** medal on the 100m. Notable standings are Zaïla Lemmens with 4th position in Javelin, Vanessa Mercera claimed 4th place in High Jump, Dena-Marie Barby achieved the 5th spot in the 3000m, and Rivka Goede earned the 6th position in High Jump.

*The sponsors were: Nagico, TMC, Netpro, Curacao Activities, Inova, FDOK, Powerade, Adama, Murray, TMC.*

### CAC Games

At the CAC games in El Salvador, **Glenka Antonia** exhibited exceptional skill, earning a **silver** medal in the high jump for Curaçao. Matthew Sophia delivered a commendable performance, securing an impressive 4th place in the 110m hurdles. Additionally, Vanessa demonstrated her versatility and talent by claiming the 6th position in the heptathlon. These achievements highlight the prowess and dedication of Curaçao's athletes on the regional stage.



### CAMAC Peru

Our masters athletes Elfried Laker, William van Heyningen, Anneke Middendorp, and Runy Vivas, represented Curaçao at the Masters Central American track & Field championship in Lima, Peru. They brought **2 gold, 3 silver, 2 bronze** medals home. The categories they competed in were 70+, 60+, and 55+. Their participation encompassed a variety of events including the 5km and 10km runs, racewalk, and the 800m dash.



### NACAC age group

In the NACAC age group competitions held in the Dominican Republic, Jeronn-Jeevan Tilé, Gwayne Reinita, Niaviv Matróna, Quitanshany Dorothea, Abraham Martha, Giovanni Abath, Keona Balentien, and Sharifa Fernandes de Faria represented Curaçao with pride. Their performances yielded results, including the attainment of **2 gold**, **2 silver**, and **3 bronze** medals. Notably, one of the athletes emerged as the overall winner of their category. Furthermore, each participant secured positions within the top 8 in their respective events.

### CAB award night

During CAB's award night, the following winners were appointed:

- Female Athlete of the Year: Dena-Marie Barby
- Male Athlete of the Year: Giovanni Abath Jr.
- Official of the Year: Elfried Laker
- Club of the Year: The Eagles
- Coach of the Year: Dennis Barby
- Female Talent of the Year: Ny-An Carolina
- Male Talent of the Year: Sagier Martis



Volunteers of the Year: Yamira Martha-van der Meulen, José Galmeijer, Erwin Philips.



### Road Running Races

In 2023, three road running races were organized by our members: the Kareda di Wechi, Kareda di Banda Riba, and Kareda Tinchi Regales.

### Trupial Classics

The Trupial track & field club once again successfully organized the Trupial classic competition, featuring both local and international teams.



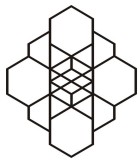


## VIII. PARTNERSHIP & SPONSORS

### Partnership between MCB Bank & CAB

MCB bank has officially entered into a partnership with CAB, driven by a shared commitment to invest in athletics and elevate this paramount sport to new heights. Both organizations aim to not only enhance the athletic landscape but also to promote an active lifestyle in Curaçao. A key focus is on utilizing fundamental track and field movements to encourage widespread participation and engagement in physical activities. This collaboration seeks to bring Curaçao in motion, fostering a healthier and more active community.

CAB is extremely grateful for the following contributors and partners, who believe in and support the track & field sport in Curaçao:



**BZB**

BZB Accounting, Advisory & Compliance Services  
A. Santa Rosa 7, Willemstad, Curaçao  
T. +599 9 698 2411 | E. info@bzb.cpa | W. www.bzb.cpa





**Donation by Churandy Martina Foundation**

In 2023, the Churandy Martina Foundation generously donated track and field equipment to CAB, providing valuable resources for the club members to utilize in the training of their athletes. This contribution enhances the club's capabilities and supports the development of aspiring athletes within the organization.

CAB expresses deep gratitude to its valued contributors and partners who share a belief in and actively support the development of track & field in Curaçao:



**CENTRALE BANK**  
CURAÇAO & SINT MAARTEN



ADAMA

# IX. AMBITION

## 2024

The 2024 ambition entails a dedicated focus on enhancing training for not only athletes, but also officials, and the competition director.

In preparation for the CARIFTA games in Grenada, a training program is set to be implemented, focusing on key areas essential for athlete development. Qualifying athletes will undergo training sessions, with a particular emphasis on doping awareness, nutritional guidance, and mental preparation. This training initiative aims to equip athletes with not only the physical skills required for competition but also the knowledge and mental fortitude necessary for success in high-stakes events like the CARIFTA games.

Other **key objectives** include:

1. Conducting crash courses for **officials**;
2. Investing in the training of a **competition director**;
3. Implementing a **coach clinic**;
4. Formalizing the **competition** commission;
5. Establishing a commission dedicated to **funding** and **sponsorships**;
6. Installing a **facilitation** commission;
7. Hosting a track and field **congress**;
8. Enhancing **volunteer management**;
9. Establishing a volunteer database;
10. Developing procedures for the effective deployment of volunteers.
11. Reviving the **Relevo Waaigat**;
12. Expanding collaboration with **AtletiekUnie**;
13. Hosting international training in Curaçao for professionals;
14. Organizing international competitions.

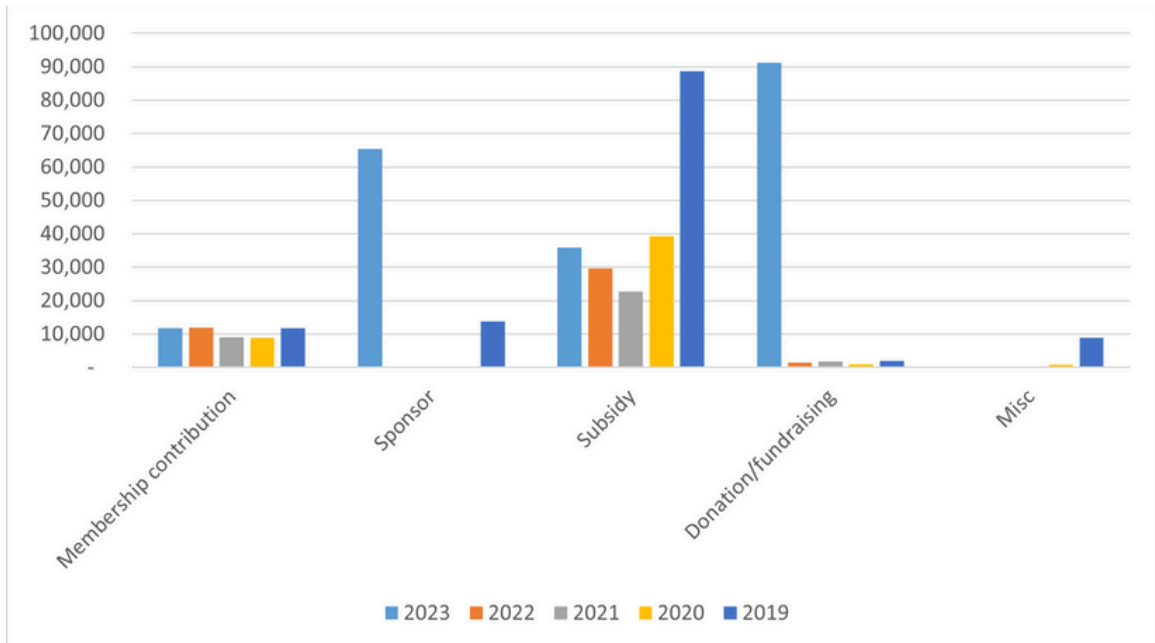
This comprehensive approach demonstrates a commitment to advancing various aspects of track and field, ensuring a holistic and well-rounded development strategy for the athletic community.





# X. FINANCIALS

Financial overview of operating **REVENUE**



Financial overview of operating **EXPENSES**

