



ANNUAL REPORT 2023

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Caimin Douglas
Chairman CAB

PREFACE

It is with great pleasure that I present to you the annual report for the Curaçao Track and Field Federation 2023. This report encapsulates the collective efforts, achievements, and aspirations of our vibrant track and field community over the past twelve months.

As we contemplate the accomplishments of our athletes, we find great satisfaction in their successes over the course of the year. This extends beyond just our regional contests to include their noteworthy performances on the global stage in international competitions.

- Ten athletes qualified for the CARIFTA games in Bahamas **Dena-Marie Barby** became **silver** medalist on the 1500m U-17 and **Zsa Zsa Frans** a **bronze** medalist on 100mH U-17. Four of our athletes achieved notable standings: **Zaila Lemmens** secured the 4th position in Javelin U-17, **Vanessa Mercera** claimed 4th place in High Jump U-20, **Dena-Marie Barby** achieved the 5th spot in the 3000m U-17, and **Rivka Goede** earned the 6th position in High Jump U-17.
- During the CAC games, **Glenka Antonia** secured a **silver** medal in the high jump for Curaçao. **Matthew Sophia** achieved an impressive 4th place in the 110mH,

and **Vanessa Mercera** claimed the 6th position in the heptathlon.

During the NACAC age group competitions

Jeronn-Jeevan Tilé, Gwayne Reinita, Niaviv Matrona, Quitanshany Dorothea, Abraham Martha, Giovanni Abath, Keona Balentien, and Sharifa Fernandes de Faria proudly represented Curaçao in the Dominican Republic. Their performances resulted in the acquisition of **2 gold, 2 silver, and 3 bronze** medals. Additionally, one of our athletes emerged as the overall winner and they all secured positions within the top 8 in their respective events.

We formalized a partnership with **MCB Bank** and received equipment from the Churandy **Martina Foundation** for the benefit of our clubs.

We are once more thrilled with the many broken records during 2023.

We celebrated the 10th anniversary of the KLM Curaçao Marathon, together with our volunteers.

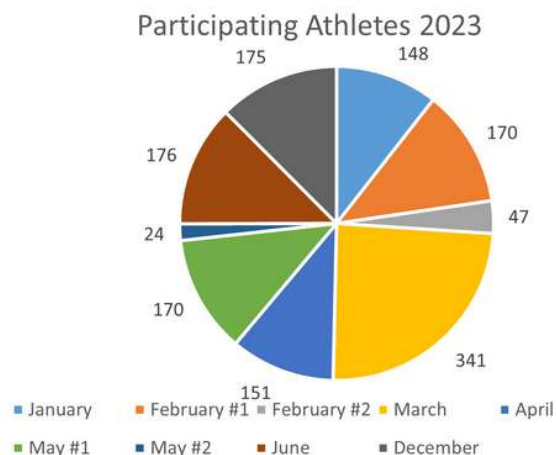
We express our gratitude once again for a successful year and extend our best wishes to the new board for 2024. Thank you all for your unwavering commitment to the sport in Curaçao.



2023's

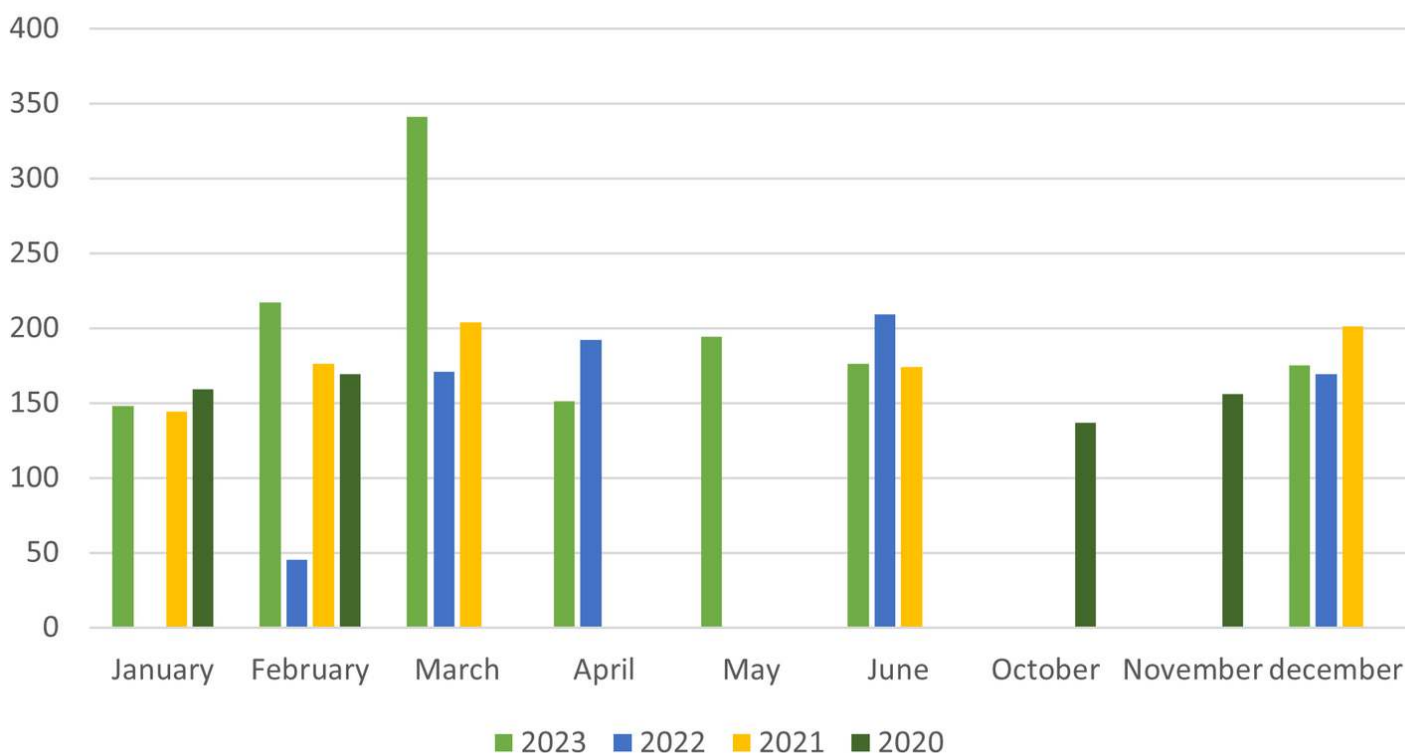
I. NUMBERS

In the year 2023, a total of 1402 athletes actively participated in our locally organized competitions, contributing to a vibrant and thriving sports community. Notably, a remarkable achievement was reached as **31** national records were broken, reflecting the dedication and excellence demonstrated by our athletes during this period.



For more detailed information, please refer to
ATLETIEK.NU

Participating Athletes Championships 2023



2023's

II. NATIONAL RECORDS

Event	Year	Athlete	Location	New record
U-7 Female quadrathlon	January 2023	Tadea Grant	Willemstad , CUW	626 points
U-17 Female 100m hurdle	January 2023	Zsa Zsa Frans	Willemstad , CUW	14.73
U-17 Female 100m hurdle	February 2023	Zsa Zsa Frans	Willemstad , CUW	14.37
U-7 Female 400m	April 2023	Clara Smeins	Willemstad , CUW	1:34.30
U-7 Female overall	April 2023	Clara Smeins	Willemstad , CUW	691 points
U-7 Male Ball throw	April 2023	Zev Godschalk	Willemstad , CUW	19.68
U-17 + U20 Female 3000m	April 2023	Dena-Marie Barby	Nassau, BHS	10:52.76
U-17 Female 100m hurdle	April 2023	Zsa Zsa Frans	Nassau, BHS	14.26
U-7 Female Overall	May 2023	Tadea Grant	Willemstad , CUW	774 points
U-7 Male 600m	May 2023	Gilyon Barbara	Willemstad , CUW	2:05.73
U-17 Female 5000m	May 2023	Dena-Marie Barby	Willemstad , CUW	20:24.18
U-17 Female 100m hurdle	May 2023	Zsa Zsa Frans	Willemstad , CUW	14.11
U-7 Female Overall	June 2023	Tadea Grant	Willemstad , CUW	18.36
U-7 Female Ball throw	June 2023	Tadea Grant	Willemstad , CUW	928 points
U-7 Male Ball throw	June 2023	Zev Godschalk	Willemstad , CUW	20.44
U-15 Female 80m	June 2023	Sharifa Fernandez	Willemstad , CUW	10.01
U-20 Female 100mh	June 2023	Vanessa Mercera	Willemstad , CUW	14.19
U-7 Female 60m	July 2023	Tadea Grant	Willemstad , CUW	11.06
U-9 Male 400m	July 2023	Gilyon Barbara	Willemstad , CUW	1:18.29
U-11 Female 400m	July 2023	Ju an Carolina	Willemstad , CUW	1:14.49
U-13 Male 800m	July 2023	Simon Galmeijer	Willemstad , CUW	2:42.45
U-17 Male 150m	September 2023	Zion Sambo	Amsterdam, NL	16.86
U-7 Girls 600m	December 2023	Clara Smeins	Willemstad , CUW	2:23.95
U-13 Girls 600m	December 2023	Quitanshany Curiel	Willemstad , CUW	1:48.86
U-15 Female 150m	December 2023	Queen Shaday Valies	Willemstad , CUW	20.50
U-17 Female 60m	December 2023	Jurivienska Koster	Willemstad , CUW	7.69
U-17 Female 150m	December 2023	Jurivienska Koster	Willemstad , CUW	18.97
U-17 Female 600m	December 2023	Dena Marie Barby	Willemstad , CUW	1:43.27
U-17 Female 60mh	December 2023	Zsa Zsa Frans	Willemstad , CUW	8.86
U-17 Female Long Jump	December 2023	Rivka Goede	Willemstad , CUW	5.89
U-9 Male 600m	December 2023	Gilyon Barbara	Willemstad , CUW	2:02.94

III. ACHIEVEMENTS



Level 3 coaches in Curaçao

Jairo Duzant, Ivor Landburg, Kurt Sophia, Rachmil van Lamoën, Raymond Juliana, and the sole female coach, Mrs. Enirahs Martina, proudly received their diplomas for successfully completing the Level 3 "Basic Track & Field Trainer" program offered by the Dutch Track & Field Federation, Atletiek Unie. This achievement reflects their dedication to advancing their coaching skills and contributing to the development of track and field athletes. Congratulations to each of them on reaching this milestone in their coaching education.



10th anniversary KLM Marathon

We joyfully commemorated our 10th anniversary in collaboration with KLM Marathon, a cherished partner in this milestone. Alongside our dedicated volunteers, we actively contributed to the event by assisting on the course. From 2 am to 9 am, our volunteers distributed water, cheered on the runners, and most importantly, created an atmosphere of enjoyment. Additionally, the day before, our volunteers played a pivotal role in supporting the 5km run. The collective efforts and enthusiasm of everyone involved added a vibrant and supportive touch to the overall event experience.



IV. TEAM

Since October 2019, CAB's board has been composed of 5 elected members, all of whom serve on a voluntary basis without remuneration. As of October 2023, a new board will be elected to commence the new term, continuing the tradition of dedicated individuals contributing their time and expertise for the betterment of the organization.

Members of the board are:

Name	Title
Caimin Douglas	President
Glenn Dall	Vice-President
Tamara Salsbach	Secretary
Stacey Rene	Treasurer
Atilio Louisa	Member



V. MEMBERS

In 2023, CAB has a total of 11 affiliated Track & Field member Clubs.

- Athletics Association Master Curaçao
- Cheetah, A.V.
- Deportivo San Kristofel, A.V.
- Eagles, A.V. The
- Glory Runners, A.V. The
- Go Fast, A.V.
- New Revolution, The
- Olympic, A.V. The
- Sloke, A.V.
- Sparta, A.V.
- Trupial, A.V.



VI. CHAMPIONSHIPS

In 2023, CAB successfully organized nine local competitions, including two mini-meets. The March competition held a special significance as it was organized in collaboration with the Eagles Club. This particular event stood out, as schools were invited to participate in the school relays, adding an educational and community-oriented dimension to the competition.

Date	Championship	Participants
January 13, 2023	Season opener	148
February 10, 2023	Competition	170
February 25, 2023	Mini-meet 1	47
March 17, 2023	The Eagles Championship	341
April 21, 2023	Competition	151
May 12, 2023	Competition	170
May 27, 2023	Mini-meet 2	24
June 16, 2023	Kampionato di Korsou	176
December 1, 2023	Run Jump Throw	175

VII. TRIUMPHS

CARIFTA Games Bahamas



Raminge Laker de Windt, Zsa Zsa Frans, Juriviënka Koster, Rivka Goede, Zaïla Lemmens, Vanessa Mercera, Dena-Marie Barby, S'deway Zhuang, Aryan Antonia, Zion Sambo, Gürshen Mogen qualified during the trials for the CARIFTA games in Bahamas.

Dena-Marie Barby secured a **silver medal** on the 1500m and **Zsa Zsa Frans** earned a **bronze** medal on the 100m. Notable standings are Zaïla Lemmens with 4th position in Javelin, Vanessa Mercera claimed 4th place in High Jump, Dena-Marie Barby achieved the 5th spot in the 3000m, and Rivka Goede earned the 6th position in High Jump.

The sponsors were: Nagico, TMC, Netpro, Curacao Activities, Inova, FDOK, Powerade, Adama, Murray, TMC.

CAC Games

At the CAC games in El Salvador, **Glenka Antonia** exhibited exceptional skill, earning a **silver** medal in the high jump for Curaçao. Matthew Sophia delivered a commendable performance, securing an impressive 4th place in the 110m hurdles. Additionally, Vanessa demonstrated her versatility and talent by claiming the 6th position in the heptathlon. These achievements highlight the prowess and dedication of Curaçao's athletes on the regional stage.



CAMAC Peru

Our masters athletes Elfried Laker, William van Heyningen, Anneke Middendorp, and Runy Vivas, represented Curaçao at the Masters Central American track & Field championship in Lima, Peru. They brought **2 gold, 3 silver, 2 bronze** medals home. The categories they competed in were 70+, 60+, and 55+. Their participation encompassed a variety of events including the 5km and 10km runs, racewalk, and the 800m dash.



NACAC age group

In the NACAC age group competitions held in the Dominican Republic, Jeronn-Jeevan Tilé, Gwayne Reinita, Niaviv Matrona, Quitanshany Dorothea, Abraham Martha, Giovanni Abath, Keona Balentien, and Sharifa Fernandes de Faria represented Curaçao with pride. Their performances yielded results, including the attainment of **2 gold**, **2 silver**, and **3 bronze** medals. Notably, one of the athletes emerged as the overall winner of their category. Furthermore, each participant secured positions within the top 8 in their respective events.

CAB award night

During CAB's award night, the following winners were appointed:

Female Athlete of the Year:	Dena-Marie Barby
Male Athlete of the Year:	Giovanni Abath Jr.
Official of the Year:	Elfried Laker
Club of the Year:	The Eagles
Coach of the Year:	Dennis Barby
Female Talent of the Year:	Ny-An Carolina
Male Talent of the Year:	Sagier Martis



Volunteers of the Year: Yamira Martha-van der Meulen, José Galmeijer, Erwin Philips.



Road Running Races

In 2023, three road running races were organized by our members: the Kareda di Wechi, Kareda di Banda Riba, and Kareda Tinchí Regales.

Trupial Classics

The Trupial track & field club once again successfully organized the Trupial classic competition, featuring both local and international teams.



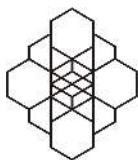


VIII. PARTNERSHIP & SPONSORS

Partnership between MCB Bank & CAB

MCB bank has officially entered into a partnership with CAB, driven by a shared commitment to invest in athletics and elevate this paramount sport to new heights. Both organizations aim to not only enhance the athletic landscape but also to promote an active lifestyle in Curaçao. A key focus is on utilizing fundamental track and field movements to encourage widespread participation and engagement in physical activities. This collaboration seeks to bring Curaçao in motion, fostering a healthier and more active community.

CAB is extremely grateful for the following contributors and partners, who believe in and support the track & field sport in Curaçao:



BZB

BZB Accounting, Advisory & Compliance Services
A. Santa Rosa 7, Valmoral, Curaçao
T. +599 9 696 2411 | E. info@bzb.cpe | W. www.bzb.cpe





Donation by Churandy Martina Foundation

In 2023, the Churandy Martina Foundation generously donated track and field equipment to CAB, providing valuable resources for the club members to utilize in the training of their athletes. This contribution enhances the club's capabilities and supports the development of aspiring athletes within the organization.

CAB expresses deep gratitude to its valued contributors and partners who share a belief in and actively support the development of track & field in Curaçao:



CENTRALE BANK
CURAÇAO & SAINT MAARTEN



ADAMA

IX. AMBITION

2024

The 2024 ambition entails a dedicated focus on enhancing training for not only athletes, but also officials, and the competition director.

In preparation for the CARIFTA games in Grenada, a training program is set to be implemented, focusing on key areas essential for athlete development. Qualifying athletes will undergo training sessions, with a particular emphasis on doping awareness, nutritional guidance, and mental preparation. This training initiative aims to equip athletes with not only the physical skills required for competition but also the knowledge and mental fortitude necessary for success in high-stakes events like the CARIFTA games.

Other **key objectives** include:

1. Conducting crash courses for **officials**;
2. Investing in the training of a **competition director**;
3. Implementing a **coach clinic**;
4. Formalizing the **competition** commission;
5. Establishing a commission dedicated to **funding** and **sponsorships**;
6. Installing a **facilitation** commission;
7. Hosting a track and field **congress**;
8. Enhancing **volunteer management**;
9. Establishing a volunteer database;
10. Developing procedures for the effective deployment of volunteers.
11. Reviving the **Relevo Waaigat**;
12. Expanding collaboration with **AtletiekUnie**;
13. Hosting international training in Curaçao for professionals;
14. Organizing international competitions.

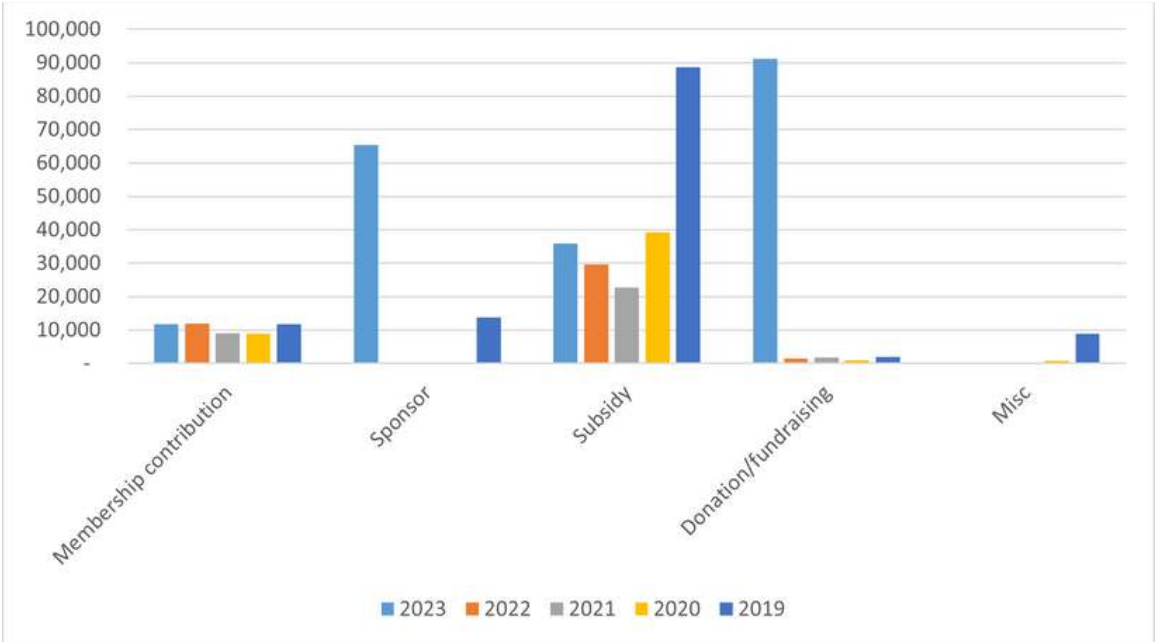
This comprehensive approach demonstrates a commitment to advancing various aspects of track and field, ensuring a holistic and well-rounded development strategy for the athletic community.





X. FINANCIALS

Financial overview of operating **REVENUE**



Financial overview of operating **EXPENSES**

